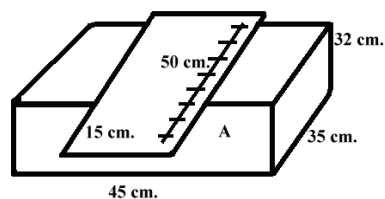


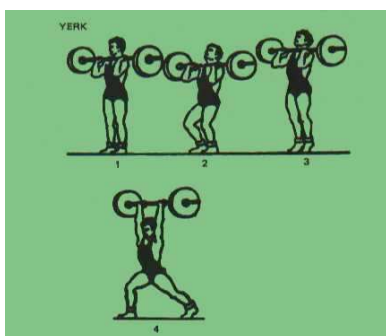
Pujada de corda 6,5 metres cronometrada



Flexió de tronc (sit and reach)



Aixecament de pes



Carrera Obstacles

